The Right Nose

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More info about your doctors
www.therightnose.com

Rhinoplasty

The human perception of beauty is founded on the underlying principle of symmetry. The surgical goal is to restore harmony between your nose and the face.
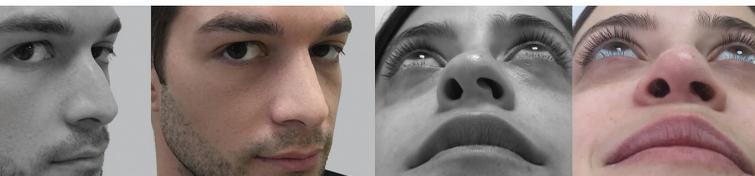
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Definition of Beauty

The human perception of beauty is founded on the underlying principle of symmetry. A symmetrical face exhibits certain proportions is perceived as being more beautiful than one that does not exhibit symmetry. A disproportionate nose, too large, curved or crooked can undermine an otherwise attractive face.

Your first consultation

In order to ensure to achieve the good and long standing result, careful and extensive preoperative planning will take place prior to your operation.

- Several questions will be asked, specifically what you do not like about your nose and wish to change
- Dr. Levente will examine your nose from inside out and explain step- by –step all surgical options
- To demonstrate realistic results photo imaging will be performed and uploaded to our computer based facial analyzer software
- After by looking certain landmarks on your face: like cheeks, jaw (size and shape), skin thickness your newly designed profile will be printed out for taking home
- The next meeting with Dr Levente is planned after about a week at which point any further question about the nose can be answered, then
- you will be booked for the surgery

After your Rhinoplasty

Following the surgery, most of our patients are amazed by how little pain they experience. The inability to breathe through both of your nostrils for couple of days (due to swelling) will be the most uncomfortable side effect, but within one or two weeks, breathing should return to normal.

We will remove the cast one week later on, followed by the MAGIC MOMENT when you will see your new nose!

How to manage the first 24 hours in the hospital

- You may awake after surgery with some packing in your nose to stop any bleeding. If present, this should be left alone and will be removed by your nurse when appropriate. You will be nursed with the head of the bed slightly elevated. It is probable that you will have to breathe through your mouth and so you may get a dry mouth.
- You may have a dull headache or pain around the nose, which easily can be managed by regular pain killer. You will see an improvement within 24 hours or so.
- If the surgery is less extensive you may be able to leave the hospital in the evening. Otherwise you will remain until the next morning.

" I have recently had surgery for turbinate reduction, septoplasty and rhinoplasty. Dr. Levente Deak was very professional and caring. I felt that he completely understood my needs from the very beginning and that I could fully trusted him. I am very satisfied with the final result and highly recommend Dr. Levente for rhinoplasty. www.doctoralia.com "

Postoperative First week

- You may get a blood stained / pinkish discharge for a few days
- Swelling and bruising around the eyes will disappear slowly
- Avoid very hot baths and showers
- If you take aspirin you should discuss this with your doctor
- Remain indoors at least during the first week
- Only gently blow your nose after nasal irrigation for 10+ days
- Avoid strenuous activity (jogging, swimming, bending, sexual activity) for 2 to 3 weeks, as it may increase your blood pressure and the risk of bleeding
- Avoid contact sports, hitting or rubbing your nose and direct sun exposure for 8 weeks
- Avoid wearing glasses without consulting your doctor once the splint is off
- Contact lenses can be used as and when you wish