Rhinoplasty (Nasal Reshaping)

During Rhinoplasty the surgical goal is to restore harmony between your nose and the face.

If you feel that, your nose is not in harmony with your face or after an accident you would like to be restored back its original form then you are a good candidate for rhinoplasty. Also behind your aesthetical concern might functional problem coexists therefore it is crucial to evaluate the entire nose and if necessary during your surgery deal with both part in the same time.

Your nasal surgery will be successful ONLY if it is matching with your goal!



Levente Deak M.D Ph.D

Member of the Royal Collage of Surgeon (UK) Consultant ENT Surgeon (ENTUK) Licenced under General Medical Council (GMC) Dubai Health Authority (DHA) More info about your doctors www.therightnose.com



Daily around 10,000 liters of air travels to our lungs. Any changes in the normal airflow, would influence its complex function.





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Nose & Sinus Clinic

Daily around 10,000 liters of air travels through our nose. Recurrent infection, enlargement of nasal turbinates or deviation of the nasal septum will reduce the nasal airflow and the ventilation of the sinuses. The main functions of **smell**, **humidifying**, **filtering & warming** will be altered. The goal of treatment is to reestablish normal function again.

Consultation Regarding Nasal Problems

It is advised to visit Dr. Levente, if you are concerned about:

- reduced nasal breathing
- lost of or bad smell sensation
- pressure or pain around sinuses
- ongoing nasal discharge

Procedures

- Advanced sinus surgery using newest navigation system
- Turbinoplasty reduction of the nasal turbinates size
- Diagnostic Nasal endoscopy
- Septoplasty- nasal middle wall correction
- Management of nasal bleeding
- Sleep endoscopy
- Snoring surgery

Endoscopic Sinus Surgery

Sinuses are hollow cavities in your head. There are four groups of sinuses: frontal , ethmoid, maxillary and sphenoid



They communicate vie narrow passages called ostia with nasa cavity. They naturally produce mucus, which is transported through the sstiea into the nasal cavity. The goal of Endoscopic Sinus Surgery (ESS) is to reopen sinus ventilation and their "drainage" function after becoming physically obstructed either by scar tis- sue following recurrent infection or by nasal polyps. Medical treatment alone (antibiotics and nasal sprays) cannot solve the problem.

Endoscopic sinus surgery is highly successful at improving the symptoms of nasal blockage, runny nose and for certain facial pain,

I wish to offer my extreme gratitude to Dr. Levente for dramatically improving my quality of life. Not only did he sort out my long standing issues with my sinuses but the good work he did for me has enabled me to go scuba diving again after a long lay off. I am eternaly grateful.

Septoplasty

The nose is partitioned in the middle by the nasal sep- tum, dividing it into two nostrils. The nasal septum is made of cartilage and bone. Sometimes, due to injury or simply through natural growth it may



be bent, buck- led or deviated to one or both sides causing blockage by reducing the area available for air to flow through. A operation called Septoplasty is used to correct this abnormality in order to allow air to pass through either nostril more easily. The Septoplasty could be combined with with Rhinoplasty, which is a cosmetic procedure aimed to improve a shape of your nose. **See our Rhinoplasty brochure**!

The procedure is performed internally, through the nostril without the need for external incision. There is no black eyes after the surgery & the outward shape of the nose is not altered.

Turbinoplasty

The goal of the procedure is to trim these lower most "side cushions" on the sidewall of the nose to improve nasal airway - or to increase the ability to breathe freely through the nose. We use either of two new minimal invasive procedures, radiofrequency or submucous shaver depending on the nasal mucosa type. Nasal packing is not necessary. Nasal drops are advised for a couple of days to maintain a clear nose. Patients are usually discharged two hours after the procedure. There are no black eyes, external incisions or change in shape of the nose.